

## FAMILY PRACTICE

Riverwood Healthcare Center's family practice providers are the backbone of the Riverwood health system. Family practice providers offer *comprehensive healthcare for the individual and the family*. Family practitioners treat patients of all ages, and all types of diseases and organ systems.



**DR. TIMOTHY ARNOLD**  
PROFESSIONAL INTERESTS:  
Obstetrics, pediatrics,  
cardiovascular disease and diabetes



**REBECCA MAY, MS, C-ANP**  
PROFESSIONAL INTERESTS:  
Adult health and women's  
health



**DR. JOSELITO BURGOS**  
PROFESSIONAL INTERESTS:  
General internal medicine,  
hospital inpatient care,  
cardiovascular disease and  
critical care



**DEBRA MIDDLETON**  
MS, C-FNP  
PROFESSIONAL INTERESTS:  
Diabetes, wellness, cosmetic  
dermatology, women's health  
and skin issues



**DR. JEFFREY EHNSTROM**  
PROFESSIONAL INTERESTS:  
Full spectrum of family practice



**DR. CHARLES SCHOTZKO**  
PROFESSIONAL INTERESTS:  
Geriatric care for nursing home  
and long-term care patients



**DR. MARK HEGGEM**  
PROFESSIONAL INTERESTS:  
Preventative healthcare  
and hospice



**DR. SUSAN SKARP**  
PROFESSIONAL INTERESTS:  
Full spectrum of family  
medicine, women's health  
concerns and treatment



**DR. DONALD HUGHES**  
PROFESSIONAL INTERESTS:  
Full spectrum of family practice,  
obstetrics and pediatric  
well-childcare, FAA flight physicals



**KAREN STORLIE, C-FNP**  
PROFESSIONAL INTERESTS:  
Helping people improve their  
health and well-being



**DR. TIMOTHY KOMOTO**  
PROFESSIONAL INTERESTS:  
Chronic disease management,  
caring for the whole person  
and mental health care



**DR. JAMES STORLIE**  
PROFESSIONAL INTERESTS:  
Broad variety and continuity  
of family practice care



**JANET LARSON**  
MA, C-FNP, PSYNP  
PROFESSIONAL INTERESTS:  
Mental health, women's health,  
medical and behavior research,  
chronic disease and wellness



**DR. JANELLE TRUEBLOOD**  
PROFESSIONAL INTERESTS:  
Obstetrics, pediatrics, nutrition  
and exercise



**DR. TOM LAWSON**  
PROFESSIONAL INTERESTS:  
Full spectrum of family practice,  
well-adult care and geriatrics



**DR. TED TRUEBLOOD**  
PROFESSIONAL INTERESTS:  
Full spectrum of family practice,  
pediatrics

## EMERGENCY CARE

All of our emergency and urgent care medical staff at Riverwood Healthcare Center maintain *advanced certification in cardiac and trauma care* to provide a high level of emergency medical service.



**DR. SYED ASKARI**  
PROFESSIONAL INTERESTS:  
Emergency medicine, urgent care



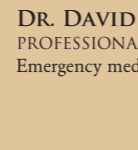
**DR. JAMES HARRIS**  
PROFESSIONAL INTERESTS:  
Emergency medicine, sports  
medicine, disaster medicine



**DR. STEVEN PITSCHKA**  
PROFESSIONAL INTERESTS:  
Emergency medicine,  
sports medicine



**DR. JEFFREY RAPP**  
PROFESSIONAL INTERESTS:  
Emergency medicine



**DR. DAVID TAYLOR**  
PROFESSIONAL INTERESTS:  
Emergency medicine, sports medicine



*Our promise  
is to enhance  
and improve  
the health  
and well-being  
of everyone  
we serve through  
commitment  
and compassion.*

## Riverwood HEALTHCARE CENTER



### HOSPITAL

200 Bunker Hill Drive  
Aitkin, MN 56431

Phone (218) 927-2121  
Fax (218) 927-5575

### AITKIN CLINIC

200 Bunker Hill Drive  
Aitkin, MN 56431

Phone (218) 927-2157  
Fax (218) 927-4130

### SPECIALTY CLINIC

200 Bunker Hill Drive  
Aitkin, MN 56431

Phone (218) 927-5566  
Fax (218) 927-5567



### MCGREGOR CLINIC

2 East Center Avenue  
McGregor, MN 55760

Phone (218) 768-4011  
Fax (218) 768-4814



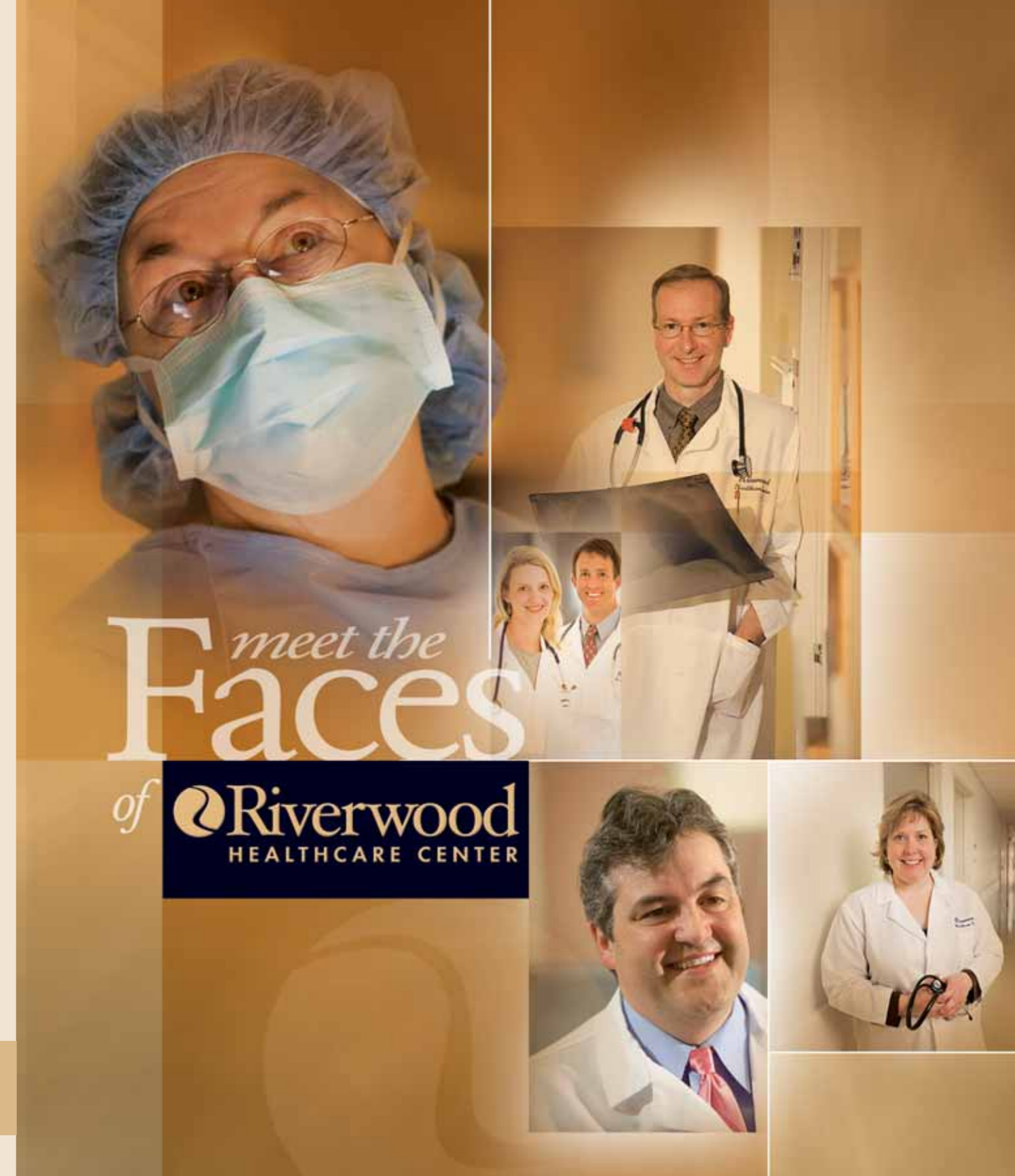
### GARRISON CLINIC

27278 State Highway 18  
Garrison, MN 56450

Phone (320) 525-3400  
Pharmacy (320) 525-3401  
Fax (320) 525-3439

Call any Riverwood  
facility toll-free at:  
(888) 270-1882

Visit Riverwood's website at:  
[www.RiverwoodHealthcare.com](http://www.RiverwoodHealthcare.com)



## SPECIALTY PROVIDERS

Riverwood's medical specialists offer expert knowledge and expertise in *treating a wide range of diseases and organ systems.*

You'll find *over 20 highly trained specialty providers* at Riverwood.

So there's no need to travel out of town to see a specialist.

### Allergy & Immunology



**DR. HANNELORE BRUCKER**  
PROFESSIONAL INTERESTS:  
How pollen allergies correlate with food allergies and evaluating allergic rashes

### Gastroenterology



**DR. JOHN BERG**  
PROFESSIONAL INTERESTS:  
Promoting patient awareness of gastrointestinal healthcare conditions

### Cardiology



**DR. TIMOTHY DIRKS**  
PROFESSIONAL INTERESTS:  
Echocardiography, nuclear medicine and preventive cardiology

### Mental Health / Psychiatry



**JANET LARSON**  
MA, C-FNP, PSYNP  
PROFESSIONAL INTERESTS:  
Mental health, women's health, medical and behavior research, chronic disease and wellness



**DR. JAMES MADISON**  
PROFESSIONAL INTERESTS:  
Interventional cardiology, echocardiography and general cardiology

**DR. PETER NEIFERT**  
PROFESSIONAL INTERESTS:  
Full spectrum of mental health

### Neurology



**DR. MASOOD GHAZALI**  
PROFESSIONAL INTERESTS:  
Diagnosing nerve-related problems with EEG and EMG testing



**DR. PETER STOKMAN**  
PROFESSIONAL INTERESTS:  
Echocardiography, nuclear medicine and preventive cardiology

### Dermatology

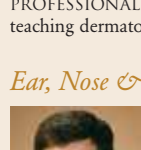
**DR. MITCHELL BENDER**  
PROFESSIONAL INTERESTS: Psoriasis treatment, port wine stains, wart treatment, hyperhidrosis, laser surgery, cosmetic dermatology

### Obstetrics & Gynecology



**DR. MICHAEL CADY**  
PROFESSIONAL INTERESTS:  
Obstetrics, pelvic organ prolapse, incontinence, hysteroscopic/laparoscopic surgery and general gynecology

### Ear, Nose & Throat



**DR. CAROL SOUTOR**  
PROFESSIONAL INTERESTS: Skin disorders and teaching dermatology to primary care providers



**DR. RACHEL CADY**  
PROFESSIONAL INTERESTS:  
Obstetrics, pelvic organ prolapse, incontinence, hysteroscopic/laparoscopic surgery and general gynecology



**DR. MARK RHODES**  
PROFESSIONAL INTERESTS:  
Treatment of diseases of the ears, nose and head for children and adults

### Oncology/Hematology



**DR. TIMOTHY YEH**  
PROFESSIONAL INTERESTS:  
Blood and cancer disorders

### Orthopedics



**DR. LEO CHOUGH**  
PROFESSIONAL INTERESTS:  
Arthroscopic and reconstructive surgery, minimally invasive hip and knee reconstruction  
*Sports Medicine Fellowship*



**DR. DIANE PALKERT**  
PROFESSIONAL INTERESTS:  
General orthopedics, foot and ankle problems  
*Foot & Ankle Fellowship*

### Pathology

**DR. J. FREDERICK HALL**  
**DR. DIANE KENDALL**

### Pulmonology



**DR. WAYNE ELMER**  
PROFESSIONAL INTERESTS:  
Pulmonary mechanics, smoking cessation, lung cancer, pleural disease and sleep medicine

### Radiology

PROVIDED BY  
**REGIONAL DIAGNOSTIC RADIOLOGY**  
A team of physicians specializing in the use of radioactive substances in diagnosis and treatment of disease

### Rheumatology



**DR. CHARLES MOORE**  
PROFESSIONAL INTERESTS:  
Philosophy of rheumatology, early and aggressive management of rheumatic diseases

### Skin Care



**DEBRA MIDDLETON,**  
MS, C-FNP  
PROFESSIONAL INTERESTS:  
Cosmetic dermatology procedures and treatment of skin care problems



**JOHN ZIEBARTH, CRNA,**  
CERTIFIED LASEOGRAPHER  
PROFESSIONAL INTERESTS:  
Injectable cosmetic and laser aesthetic procedures to enhance skin appearance



**KATHY ZIEBARTH, CRNA,**  
CERTIFIED LASEOGRAPHER  
PROFESSIONAL INTERESTS:  
Injectable cosmetic and laser aesthetic procedures to enhance skin appearance

### Urology



**DR. DAVID PAUL**  
PROFESSIONAL INTERESTS:  
Stone disorder, incontinence, prostate disorders, urologic cancer, infections and impotence

**DR. BRADLEY QUALEY**  
PROFESSIONAL INTERESTS: Urologic cancers, prostate disorders, stones and incontinence

*At Riverwood Healthcare Center, more than 50 highly trained healthcare providers offer a wide range of medical care to the Aitkin, McGregor and Garrison communities...*

we're here for you

## HEALTH *care*

Offering the broad spectrum of medical care to treat individuals and families across a life span.

## NURSELINE *care*

Nurseline answers your medical questions 24 hours a day, seven days a week. Just call toll-free at (800) 630-2200 and a specially trained nurse is there to help.

## SURGICAL *care*

Our surgeons are board certified and qualified to perform the latest and most advanced surgical procedures, including minimally invasive surgery in a variety of medical practice areas.

## EMERGENCY *care*

Riverwood offers emergency services and medical care 24 hours a day, 7 days a week. Our hospital is one of only a few in Minnesota with a Level I Heart Attack Program and a Level III Trauma Center designation. With an on-site helipad, fast air ambulance transportation is here when you need it.

## URGENT *care*

When you need to receive medical care right away, but it's not a serious emergency, Riverwood's Urgent Care Center is the place to go.



## SURGEONS

Riverwood's board certified surgeons are *qualified to perform the latest and most advanced surgical procedures*, including minimally invasive surgery in a variety of medical practice areas. General and laparoendoscopic surgeons are a part of Riverwood's comprehensive staff.

### General/Laparoendoscopic



**DR. TIMOTHY LEMIEUR, FACS**  
PROFESSIONAL INTERESTS:  
Laparoendoscopic focus including gastroesophageal disease and bariatric surgery, advanced hemorrhoidal and varicose vein surgeries



**DR. HOWARD MCCOLLISTER, FACS**  
PROFESSIONAL INTERESTS:  
Advanced laparoscopy, including bariatric and preperitoneal surgery



**DR. SHAWN ROBERTS**  
PROFESSIONAL INTERESTS:  
General and Laparoendoscopic Surgery



**DR. PAUL SEVERSON, FACS**  
PROFESSIONAL INTERESTS:  
Advanced laparoscopy, including bariatric surgery

### Orthopedic



**DR. LEO CHOUGH**  
PROFESSIONAL INTERESTS:  
Arthroscopic and reconstructive surgery, minimally invasive hip and knee reconstruction  
*Sports Medicine Fellowship*



**DR. DIANE PALKERT**  
PROFESSIONAL INTERESTS:  
General orthopedics, foot and ankle problems  
*Foot & Ankle Fellowship*

### Ear, Nose & Throat



**DR. MARK RHODES**  
PROFESSIONAL INTERESTS:  
Treatment of diseases of the ears, nose and head for both children and adults

### Obstetrics & Gynecology



**DR. MICHAEL CADY**  
PROFESSIONAL INTERESTS:  
Obstetrics, pelvic organ prolapse, incontinence, hysteroscopic/laparoscopic surgery and general gynecology



**DR. RACHEL CADY**  
PROFESSIONAL INTERESTS:  
Obstetrics, pelvic organ prolapse, incontinence, hysteroscopic/laparoscopic surgery and general gynecology

### Urologic



**DR. DAVID PAUL**  
PROFESSIONAL INTERESTS:  
Stone disorder, incontinence, prostate disorders, urologic cancer, infections and impotence

### DR. BRADLEY QUALEY

PROFESSIONAL INTERESTS: Urologic cancers, prostate disorders, stones and incontinence

### Ophthalmologic



**DR. INA DROWN**  
PROFESSIONAL INTERESTS:  
Cataract surgery, refractive/LASIK surgery, neuro-ophthalmology, glaucoma and other eye diseases



**DR. JEROME POLAND**  
PROFESSIONAL INTERESTS:  
Cataract surgery, refractive/LASIK surgery, neuro-ophthalmology, glaucoma and other eye diseases



**DR. STACY SJOBERG**  
PROFESSIONAL INTERESTS:  
Corneal transplant surgery, cataract surgery, refractive/LASIK surgery, glaucoma and other eye diseases

### Anesthesiology

*Certified Registered Nurse Anesthetist's provide a full range of anesthesia services*



**LINCOLN ROTH, RN, CRNA,**  
MS NURSE ANESTHESIA



**JOHN ZIEBARTH, RN, CRNA,**  
CERTIFIED LASEOGRAPHER,  
MS IN NURSING



**KATHY ZIEBARTH, RN, CRNA,**  
CERTIFIED LASEOGRAPHER, MSc